



**BURGER** @  
PHYSICAL THERAPY



Oak Valley Hospital

## MEET OUR OAKDALE CLINICAL STAFF

### **NATALIE DURNALL, PT, DPT, PCS**

Clinic Director/Director of Rehab, Physical Therapist

Years of PT Experience: 9 years

Years with Burger: 4 years



Natalie received her Doctorate in Physical Therapy from Columbia University in New York City in 2008. She completed a Leadership Education in Neurodevelopmental Disabilities Fellowship and Pediatric Physical Therapy Residency at the Children's Hospital of Philadelphia, where she worked for five years. Her love for working with the pediatric population led her to become a Pediatric Certified Specialist in 2011. She continued her drive for education by becoming a Clinical Instructor, teaching at several universities, and lecturing at the Physical Therapy Combined Sections Meeting. She moved to California in 2013, at which time she began to work for Burger Rehab at Oak Valley Hospital. She has a special interest in working with patients of all ages with neurological diagnoses. Natalie's personal interests include traveling, golfing, spending time at the beach or on the water, and watching sporting events.

### **SANDRA O'BRIEN, PT**

Physical Therapist

Years of PT Experience: 25+ years

Years with Burger: 3 years



Sandy received her Physical Therapy degree from Cal State University, Fresno. Sandy has over twenty-five years of experience in the field, including experience in health and safety for injury prevention. Sandy's interest in Physical Therapy is focused on treating a wide range of neurological and vestibular diagnoses including Stroke, Multiple Sclerosis, and Balance Dysfunction. She has experience working with the geriatric population and addressing the complexities of the aging population. Sandy has taken continuing education courses in areas including vestibular rehabilitation and courses to become an equine body worker. She employs a wide variety of treatment techniques including Proprioceptive Neuromuscular Facilitation and Joint Mobilization. Sandy's personal interests include outdoor activities, and enjoying time with her horses.

### **STEVE LARSEN, PT**

Physical Therapist

Years of PT Experience: 31 years

Years with Burger: 15+ years



Steve is a knowledgeable and experienced Physical Therapist. He obtained his Bachelors of Science in Physical Therapy from Loma Linda in California. He specializes in orthopedic rehabilitation of surgical and non-surgical patients. His professional strengths include manual therapy, sports orthopedics, various joint dysfunctions, pain management, and therapeutic exercise. Steve has worked at Oak Valley for more than fifteen years. Steve enjoys all outdoor activities including surfing, cycling, golfing, hiking, and snowboarding.

**AMY TSAI, OTR**  
Occupational Therapist

Years of OT Experience: 2.5 years  
Years with Burger: 1 year



Amy obtained her Master of Science in Occupational Therapy from the University of Toronto. Amy is experienced with assessment and interventions of a wide variety of neurological and orthopedic conditions, including CVA, repetitive stress injuries, fractures, arthritis, tendon/nerve injuries, and muscle sprains/strains. Amy collaborates with her client to design an individualized plan of care to address musculoskeletal, sensory perceptual, cognitive, and environmental factors. She employs an eclectic approach to her intervention, incorporating training in activities of daily living and adaptive/assistive devices, manual techniques, splinting, individual therapeutic exercises, ergonomic and task analysis, environmental modification, and kinesiotaping techniques to maximize the client's independence and success. She is an active member of the American Occupational Therapy Association, the Occupational Therapy Association of California, and the World Federations of Occupational Therapists. Amy is dedicated in providing evidence based care incorporating the latest research and continuously expanding her skills through continuing education. In her free time, Amy finds meaning and joy in hiking, travelling, trying new recipes, and spending time in nature.

**JOYCE ALLEN, SLP**  
Speech Therapist

Years of SLP Experience: 29 years  
Years with Burger: 3 years



Joyce obtained her Bachelor in Arts degree from UCLA and later advanced her education with a Master's degree in Communication Disorders at the University of Redlands, California. She is a nationally certified Speech and Language Pathologist through the American Speech-Language-Hearing Association with an affinity for voice therapy, articulation, and aphasia therapy. She has extensive experience as a Speech Therapist in working with patients of all ages and in all settings for over twenty-five years. As an IYT-certified yoga instructor and AFAA-certified personal trainer she incorporates breathing support exercises for relaxation and stress release when working with patients with speech-language-swallow disorders. Joyce enjoys animals, plants, reading, cooking, journaling, and photography.

**ERIC GARRETT, PTA**  
Physical Therapist Assistant

Years of PT Experience: 16 years  
Years with Burger: 15+ years



Eric was a Physical Therapy Aide in various settings for ten years. His desire to advance his education and career led him to graduate with his Associates in Science from Deanza College in Cupertino, California. Eric has experience working with patients of all ages and diagnoses as a Physical Therapy Assistant for over fifteen years. He furthered his education by receiving his RPSFCA in Neurodevelopmental Treatment (NDT). He enjoys applying the NDT techniques when rehabilitating patients with neurological diagnoses. Eric enjoys working out, playing the drums in his band, and many different extreme sports.