



 Oak Valley Hospital District



**IMPLEMENTATION STRATEGY**  
**2022-2024**

**Table of Contents**

Introduction ..... 2

2021 Community Health Needs Assessment ..... 2

    Service Area ..... 3

Significant Health Needs ..... 4

Addressing the Health Needs ..... 4

    Access to Care ..... 5

    Chronic Diseases ..... 6

    Mental Health ..... 6

Collaboration ..... 7

Evaluation of Impact ..... 7

Needs the Hospital Will Not Address ..... 7



## Introduction

Oak Valley Hospital conducted a Community Health Needs Assessment (CHNA) in FY21 to assess the significant health needs in the communities served by the hospital. As part of the Oak Valley Hospital District, Oak Valley Hospital is a 35-bed, full service, nonprofit public hospital created to provide residents of Oakdale, California and the neighboring rural communities with access to superior quality medical information, treatment and care. Oak Valley Hospital has evolved to meet the changing medical needs of the local community. Once viewed solely as an inpatient treatment facility, Oak Valley now offers a broad network of full-service medical services.

The CHNA and the resulting Implementation Strategy identify and address significant community health needs and help guide the hospital's community benefit activities. This Implementation Strategy explains how Oak Valley Hospital plans to address the selected priority health needs identified by the CHNA.

The Implementation Strategy was adopted by the Oak Valley Hospital District Board on April 1, 2021. This report is widely available to the public on the hospital's web site, <https://oakvalleyhospital.com/>. Written comments can be submitted to David Rodrigues at [drodrigues@ovhd.com](mailto:drodrigues@ovhd.com).

## 2021 Community Health Needs Assessment

Secondary and primary data were collected to complete the CHNA. Secondary data were collected from a variety of local, county and state sources to present community demographics, social determinants of health, health care access, birth characteristics, leading causes of death, acute and chronic disease, health behaviors, mental health, substance use and misuse, and preventive practices. The analysis of secondary data yielded a preliminary list of significant health needs, which then informed primary data collection.

Primary data were obtained through surveys with 11 community partner stakeholders in September 2020. Interviewees included individuals who are leaders and representatives of medically underserved, low-income, and minority populations. The primary data collection process was designed to validate secondary data findings, identify additional community issues, solicit information on disparities among subpopulations, ascertain community assets potentially available to address needs and prioritize health needs.

The CHNA report is widely available to the public on the hospital's web site, <https://oakvalleyhospital.com/>. Written comments can be submitted to David Rodrigues at [drodrigues@ovhd.com](mailto:drodrigues@ovhd.com).

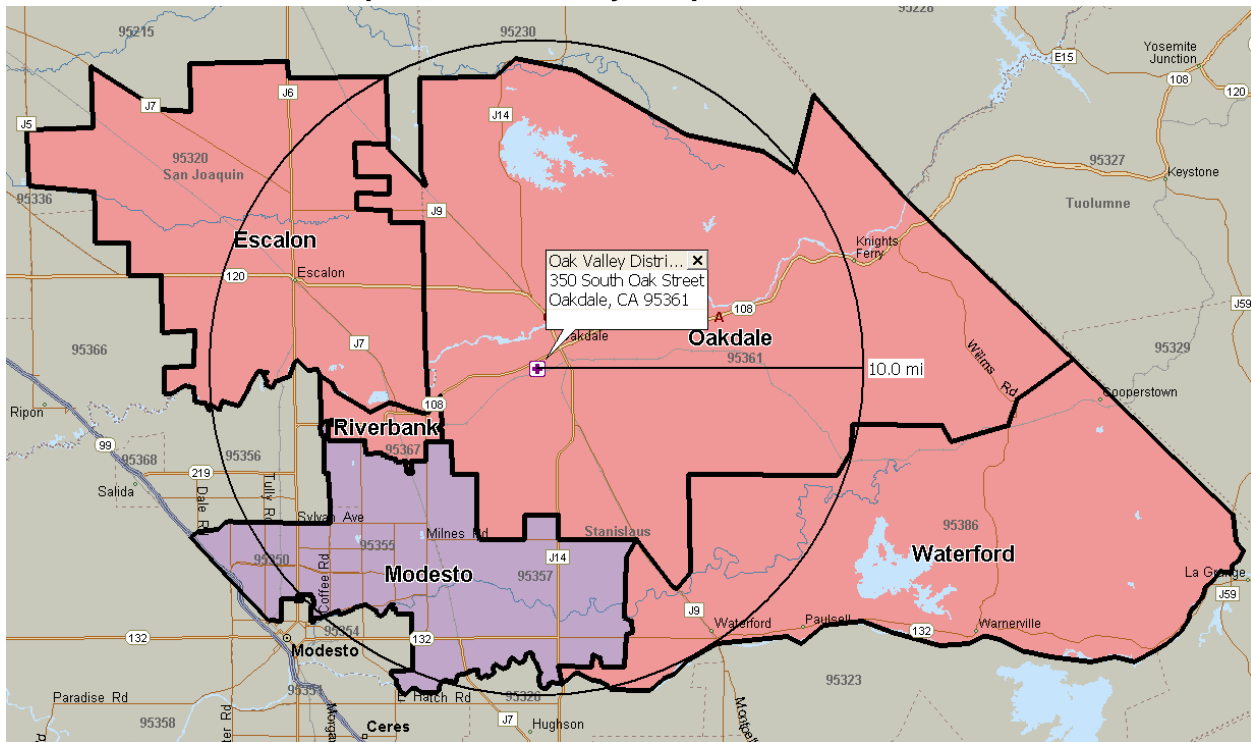
### Service Area

Oak Valley Hospital is a designated Rural Hospital in Stanislaus County and is located at 350 South Oak Avenue, Oakdale, CA 95361. The primary service area for Oak Valley Hospital includes four cities designated by ZIP Codes. Oak Valley tracks ZIP Codes of origin for all patient admissions and includes all who received care without regard to insurance coverage or eligibility for financial assistance.

### Oak Valley Hospital Service Area

Geographic Area	ZIP Codes
Escalon	95320
Oakdale	95361
Riverbank	95367
Waterford	95386

Map of the Oak Valley Hospital Service Area



The service area for Oak Valley Hospital includes 83,401 residents. Children and youth, ages 0-17, make up 26.7% of the population, 60% are adults, ages 18-64, and 13.2% of the population is seniors, ages 65 and over. The majority population in the hospital service area identifies as White/Caucasian (54%), 40% of the population identifies as

Hispanic/Latino, 2.8% of the population is Asian, 0.5% is Black/African American, and the remaining 2.8% are American Indian/Alaskan Native, Native Hawaiian/Pacific Islander, some other race, or multiple races. In the service area, 66.2% of the population, 5 years and older, speak only English in the home, Spanish is spoken in the home among 30% of the population, 1.9% of the population speaks an Indo-European language, and 1.5% of the population speaks an Asian language in the home.

Among the residents represented in the hospital service area, 12.4% have incomes at the poverty level (<100% of the Federal Poverty Level) and 15.3% of service area children, under age 18, are living in poverty. The median household income in the service area ranges from \$58,529 in Waterford to \$68,326 in Escalon. In the service area, 19.1% of the adult population has less than a high school education while over half of service area residents (55.1%) are high school graduates and 25.8% have a college degree.

Health insurance coverage is considered a key component to ensure access to health care. In the service area, 94.3% of the population has health insurance coverage. Health care coverage is higher among children, ages 0 to 18, with 98.2% of children in the service area insured. 91.3% of service area adults, ages 19 to 64, have health insurance coverage.

### **Significant Health Needs**

The 2021 CHNA identified significant health needs from a review of the primary and secondary data. These needs included:

1. Access to care
2. Chronic diseases (asthma, cancer, diabetes, heart disease, liver disease)
3. COVID-19
4. Dental care
5. Economic insecurity
6. Food insecurity
7. Injury prevention
8. Mental health
9. Overweight/obesity
10. Preventive practices (screenings, vaccines)
11. Substance use

### **Addressing the Health Needs**

From the prioritized health needs, Oak Valley Hospital chose health needs that took into account Oak Valley's capacity to address community needs, the strength of community

partnerships, and those needs that correspond with the hospital's organizational priorities. As a result, Oak Valley Hospital will address the following health needs through a commitment of community benefit programs and charitable resources.

- Access to care (includes COVID-19 prevention and treatment and preventive care)
- Chronic diseases
- Mental health

Goals have been established that indicate the anticipated impact on these health needs as a result of the resources the hospital will commit to meeting the health needs. Strategies to address the priority health needs are identified and impact measures will be tracked.

## **Access to Care**

### **Goal**

Increase access to primary health care and preventive care for the medically underserved and improve community health.

### **Strategies**

The hospital intends to address access to health care and preventive care by taking the following actions:

- Provide financial assistance through free and discounted care for health care services, consistent with Oak Valley Hospital's financial assistance policy.
- Oak Valley Hospital District owns and operates four primary care clinics, which will provide preventive and chronic care services.
- Provide services for the uninsured and Medi-Cal patients at the Oakdale Health Center.
- Provide COVID-19 testing.
- Conduct outreach to persons in need of preventive health services utilizing population health management software.
- Offer a 24-hour Nurse Call line and a patient navigator to improve access to the most appropriate level of care.

### **Impact**

The anticipated impact of these actions will be to:

- Increase availability and access to primary health care and preventive care services.
- Provide financial assistance to qualified patients.
- Reduce the percentage of residents who delay obtaining needed medical care.

- Increase individuals' compliance with preventive care recommendations.

## Chronic Diseases

### Goal

Reduce impact of chronic diseases on health and increase focus on prevention, treatment and support.

### Strategies

The hospital intends to address chronic conditions by taking the following actions:

- Offer screenings for identified at-risk populations.
- Provide community CPR classes.
- Provide education in English and Spanish on disease prevention, treatment and self-management.
- Screen for tobacco use at the community primary care clinics.

### Impact

The anticipated impact of these actions will be to:

- Increase the identification and treatment of chronic diseases.
- Increase public awareness of disease prevention.
- Increase individuals' compliance with preventive care recommendations.

## Mental Health

### Goal

Increase access to mental health care resources and services.

### Strategies

The hospital intends to address mental health needs by taking the following actions:

- Provide community health education in English and Spanish on mental health topics.
- Offer screening for depression and other mental health disorders.
- Implement processes for timely referral to mental health services.
- Provide support groups in English and Spanish.
- Continue with community engagement groups to identify individuals with mental illness.
- Engage promotoras to host community mental health outreach events.

### Impact

The anticipated impact of these actions will be to:

- Increase access to mental health resources.

- Increase awareness and treatment of mental health issues.

## Collaboration

Oak Valley Hospital is committed to fostering partnerships with community-based organizations. To address the selected health needs, the hospital plans to collaborate with:

- CASA Del Rio Family Resource Center
- Center for Human Services, Oakdale Resource and Counseling Center
- Escalon Health Center
- Family Support Network
- Oakdale Health Center
- Riverbank Health Center
- School districts
- Stanislaus County Children & Family Commission
- Stanislaus County Public Health
- Waterford Community Health Center

Oak Valley Hospital will implement these activities and programs to address the priority needs in our service area. Given the current unprecedented times as a result of COVID-19, the hospital anticipates some plans may be modified due to urgent community needs and situational restrictions that may limit how we are able to support the health and wellbeing of at-risk individuals and families in the service area.

## Evaluation of Impact

Oak Valley Hospital will monitor and evaluate the programs and activities outlined above. The hospital anticipates the actions taken to address significant health needs will improve health knowledge, behaviors, and status, increase access to care, and help support good health. The hospital is committed to monitoring key initiatives to assess impact. Our reporting process includes the collection and documentation of tracking measures, such as the number of people reached/served and collaborative efforts to address health needs. An evaluation of the impact of the hospital's actions to address these significant health needs will be reported in the next scheduled CHNA.

## Needs the Hospital Will Not Address

Taking existing organizational and community-based resources into consideration, Oak Valley Hospital has chosen not to address the remaining health needs identified in the CHNA: dental care, economic insecurity, food insecurity, injury prevention, overweight and obesity, and substance use. Oak Valley Hospital cannot address all the health needs in the community and must focus on areas where we have the greatest potential



for impact and that also align with our mission, and prevent duplication of effort. Community partnerships may support initiatives that the hospital cannot independently address.